



NEWSLETTER No: 002 NOVEMBER 2009

'Prevention is Better than Cure'
Charity No: 1115103

Welcome to our second newsletter - I have just returned from a two week trip to Uganda, so I'm able to give an accurate update on our projects out there and share a few stories. I have been travelling to Africa for ten years now and it never ceases to amaze me that each trip is an adventure and such a learning experience. Nobby Clarke - Chair of Trustees

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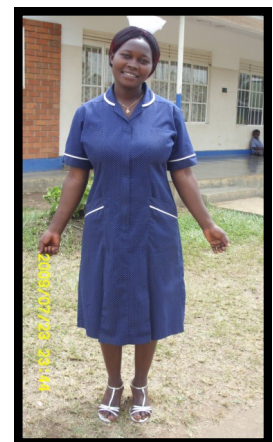


Goodbye & Thanks Nurse Gladys & Welcome to Nurse Christine.....



Nurse Gladys at her wedding with her husband and eleven bridesmaids

After 8 years of dedicated service and having treated more than 5,000 children at the clinic in Luwero, nurse Gladys has moved on having married and moved away, so we say a big thank you to her and welcome our new nurse Christine, who started in June 09 and has already dealt with over 500 cases.

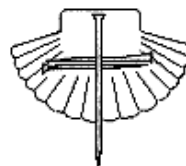


Our new Nurse Christine Outside the Luwero

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Luwero Project Update....

In order to facilitate health education for this poor rural African community it has become necessary to provide infrastructure in the form of a large community hall (30M (100') x 20M (60')). In addition this venue, once completed will have some commercial uses, which will help to bring a degree of self-sustainability to this project. Luwero is a growing town, the surrounding area is filled with people and there is simply a lack of gathering places that are multi-functional in nature. Gilead Community Hall will provide a place that can be both rented for a fee and also a place where community development and health education can take place.

Luwero Community Hall 'waiting for a roof!!!

Proposed Uses.....

Health Education Seminars

Medical Care such as immunisations

Distribution Centre for various needs

Community Functions of all kinds

NGO meetings enabling agencies to gather a large group of people

Local Commissioner Meetings

Weddings & other celebrations i.e. birthdays, graduations and more.

Cinema, Theatre venue

Indoor sports venue



As at November 2009 we have managed to complete the foundations and build the walls up to the roof level, so we still need to put on the roof. We also need to provide a toilet block adjacent to the building before it can be put fully into use. It is difficult to project the costs accurately due to the ever fluctuating exchange rates between £/\$ and Ugandan Shilling.

The Next Stages and Projected Costs..... (approx £35,000 spent to date)

Description	Estimated Cost £'s
Complete walls and Concrete Columns & Supports	5,000
Construct Toilet Block inc Septic Tank	8,000
Provide and fit Roof	25,000
Fixtures and Fittings (connect electricity etc)	10,000
Total:	48,000



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Thanks for all your support!

A Boy Soldiers Story.....

During my trip in October 2009, I travelled to the north of Uganda and to a project managed by Coventry based 'Global Care', where I met a young man who had been a child soldier (Real name and identity withheld).



Back in 2003, 9yr old James was walking home from school to his village in the northern part of Uganda, where his parents, both well educated people were waiting for him to arrive. James was approached by uniformed soldiers who he thought to be Government troops but who turned out to be members of a rebel group known as the 'Lords Resistance Army' (LRA) who have plagued this area for years and are renowned for taking children and forcing them to be soldiers or, in the case of girls, concubines for other soldiers. James was quickly stripped of his uniform and taken back to his village where others were abducted including his parents. As they were all taken off into the bush his mother became tired and stumbled, so both parents were shot and bayoneted in front of their son's eyes and the journey continued. It took James five long years to eventually escape and he bears both the physical and mental scars of what he had seen and done during that period. Although it was considered good to allow him to talk about some of these events, the detail of his lost years are still locked inside and will undoubtedly trouble him for years to come.

James is unlikely to get the level of psychological therapy we would consider as necessary, although now he's at least with people who understand and who will help him. His family gone, his home gone, he still dreams of becoming somebody and I was deeply humbled by his positive outlook, albeit one that is constantly interrupted by his loss, the rejection from his own community and continual night traumas. He is one of hundreds of children abused in this way and I took time to make my own apology to him, as a representative of our western culture which has done little or nothing to prevent harm and create a safe environment for the worlds most vulnerable.

Now 15 yrs old and picking up the pieces of his life he had no concept of why I should be sorry and thanked me further for talking to him and having become a Christian asked God to bless me, as did I for him.

There are many more like him and I will look at ways in which to help, but this one boy will leave an indelible mark on me forever!

Nobby Clarke—Chair of Trustees

Sponsor Children.....

We now have a total of 50 Sponsor Children.....

37 - Primary School

1 - Specialist School for the Deaf

6 - Secondary Education

4 - In Higher Education

2 - Graduated from University.



**Nobby with sisters
Pretty & Precious**

We are very proud of the achievements so far of all these children, all of whom are from disadvantaged backgrounds. The rising costs of education has meant that most children will be taken as far as 'O' Level only, but we congratulate Suzan, who has now qualified as a Secondary School Teacher and Hassan, who has qualified in Computer Science, we wish them the best for the future.

The cost of sponsoring a child in Uganda through Gilead is £20 pcm. Most will be full time boarders at school and will write to you a couple of times a year and send you a Christmas card and you will be able to write direct to them whenever you choose.

Memorable Speech of Idi Amin.....

After a luncheon hosted by the Queen in London in his honour, the former leader of Uganda, Idi Amin Dada had this to say for his vote of thanks....

"My Majesty Mr Queen Sir, horrible ministers and members of parliament, invented guests, ladies under gentlemen, I hereby thank you completely.... Mr Queen Sir; and also what he has done for me and my fellow Uganda who come with me.

We have really eaten very much, and we are fed up completely: And also very thanks to you keenly open up from all windows: so that those plenty climates can come into lunch. But before I go back to my country with a plane from the Entebbe airport of London, I wish to invitation you Mr Queen, to become home to Uganda where we can also revenge on you.

You will eat a full cow: and also feel up your stomach and walk with difficult because of full stomach completely. Even when you want to rest at night; I will make sure you sleep on top of me in the top upstairs in my mansion completely so that you can enjoy all the gravity of fresh air.

But now am sorry because I have to tell you that I have made a short call on you only. But next time I shall make a long call on you to last the whole moon completely. Thank you very much to allow me to undress you completely before the extinguished ladies and gentlemen sir.

Lastly but list, I ask the band to play our international anthem of the Republic of Uganda and also the British international anthem... Your Majesty Sir, I thank you from the bottom of my heart and from the bottoms of all the people of Uganda.

With this few words I thank you Sir".

Thanks for your contribution